



सत्यमेव जयते

Speech of Hon'ble Governor of Andhra Pradesh

Sri Biswa Bhusan Harichandan

participates as Chief Guest

at the 'All India Inter-University Yoga Championship'

at RGUKT (Rajiv Gandhi University of Knowledge Technologies), Nuzvid

on January 06, 2020

Sri Ajeya Kallam, Sri Satish Chandra, Prof. K. Hemachandra Reddy, Prof. K.C. Reddy Members of Governing Council and Executive Committee, the Director, RGUKT, all the delegates and the participants from various Universities across the country, Staff Members, the students, Guests on the dais, friends from media, Ladies and Gentlemen. A very Good Morning to you all.

It gives me great pleasure to welcome you all to the 'All India Inter-University Yoga Championship', one of the mega events in the history of the Rajiv Gandhi University of Knowledge Technologies (RGUKT), Nuzvid.

I am happy to learn that the RGUKT was established in 2008 by then Chief Minister, Late Dr. Y.S. Raja Sekhar Reddy, with an objective of selecting the gifted rural youth and empowering them.

Today, RGUKT is the largest University in Andhra Pradesh, accommodating 20,000 students with fully residential campuses, which is going to increase to 24000 by 2022, when the Ongole and Srikakulam campuses get full strength.

As per Yogic scriptures the practice of Yoga leads to the union of individual consciousness with that of the Universal Consciousness, indicating a perfect harmony between the mind and body, Man and Nature. 'Yoga' is associated with the philosophical system presented in the Yoga Sutras of 'Patanjali'.

The ever evolving practice of yoga has its beginnings in India and Yoga is a gift of India to the world.

Considering the successful and inspiring journey of the Department of Yoga of RGUKT, 'The Association of Indian Universities' has given the opportunity to organize this Mega Event where 500 delegates and 2000 participants from 150 universities are participating from all over the country.

This is a memorable event and will remain etched in the history of RGUKT and I hope this event would definitely add a feather in RGUKT's cap.

My Dear Children,

*You should be truthful in your thoughts, words and actions. Believe in that you are the self-sculptor of your own destiny. Make your country proud. Eventually, you should be proud of your achievements.*

On a concluding note, I would like to appreciate the entire RGUKT fraternity, the participants, yoga teachers, referees and all other stake holders of this Mega Event, 'All India Inter-University Yoga Championship'.

Let this Event be a successful one with marvelous bounty of joy to cherish forever.

Wish you all success in organizing this event and for making it a memorable event.

As said in the Bhagavad Gita "*Yoga is the journey of the self, through the self, to the self.*"

I firmly believe that this event would inspire, ignite, instill, invoke and enrich the spirit of yoga among the public. It also spreads the message,

importance, significance, prominence, impact and the role of yoga on the present day stress prevalent society across the globe.

As someone said *"Yoga is a science, science of well-being, science of youthfulness, science of integrating body, mind and soul."*

It was a pleasure being with you all here today.

Thank you!

Jai Hind